MOOIKRANS EDUCATION/TRAINING

**EQUUS SCIENCES WITH CBEIP (Certification Board for Equine Interaction Professionals)**

Those who are interested in horses and want to make it their career, have a choice between Horse Care, Equine Behaviour and many other subjects, while students interested in Equine Assisted Psychological Therapy can also take a specialized course in this field. These courses are done online.

Naturally, the study of the horse is also included (Mooikrans’ internal courses), because successful Equine Assisted Therapy can only take place if the facilitator has a thorough knowledge of the horse. The pride of Mooikrans, our herd of 50 horses, provides an excellent opportunity for pleasant practical training.

Students choose between Field of Study 1 and Field of Study 2. They cannot be completed simultaneously

**FIELD OF STUDY 1: EQUINE BEHAVIOUR, HORSE CARE AND OTHER COURSES**

These courses are done online at **ACS DISTANCE EDUCATION** (Australia) and are recognized in 9 other countries.

Successive courses: Horse Care 1, Horse Care 2, Horse Care 3.

**OTHER YEAR COURSES THAT CAN BE TAKEN AT ACP:**

Business Management

Equine Behaviour

Child and Adolescent Mental Health

Counselling children

Students may take a maximum of 3 subjects per year.

**FIELD OF STUDY 2: EQUINE THERAPY WITH CBEIP**

This course is presented in two parts.

**FIRST SEMESTER**

Online course at STRIDES TO SUCCESS, America, an affiliate of PATH Intl – the world leader in EQUINE ASSISTED THERAPY. See www.stridestosuccess.org. The content of this course meets the requirements for accreditation with the CBEIP- EIF. (See Second Semester.)

Practical lessons with special needs children are offered on weekdays.

**STRIDE TO SUCCESS COURSE CONTENT**

**Horse Work Equine Assisted Learning Manual**

What is EALT? Definitions, Theoretical, Framework

Specialties, Education, Mental Health

Corporate and Leadership Development, Personal Growth and Leadership

Scope of Practice / Work

Facilitation and the Characteristics of a Good Facilitator, The Process of Facilitation

COASTR – Check in Opening Activity Shift Reflection

Incorporating Horses into EALT

Designing Activities, Assessment, Planning, Preparation, Logistics, Evaluation, Appendix

 The successful student receives an international certificate.

**SECOND SEMESTER**

Preparation for admission to the **CEIP-EIF** exam.

Requirements:

• Proof of at least 1,000 (thousand) hours of horse interactive educational sessions

• Proof of at least 100 hours of educational sessions and training in the following categories:

• Training in horse facilitation (40 hours min)

• Attending a horse interactive conference, workshop, etc. (40 hours min)

• Formal training in horse-mastership (20 hours min)

• Pass in the CBEIP (Certification Board for Equine Interaction Professionals) end exam

Students with Grade 12 as highest academic qualification enrol for CEIP-EIF exam, students with a BA / BEd degree enrol for CEIP-ED exam and students with a Psychology degree enrol for CEIP-MH (Mental Health) exam.

**3. INTERNAL COURSES**

Theory and Practice

Anatomy and physiology of the horse. Behaviour, needs, health, diseases, herd behaviour and body language. Unlearning wrong behaviours like kicking, biting and others. Correct learning methods, coaching, schooling.

**4. COMPULSORY SUBSIDIARY SUBJECTS**

Business Studies, Entrepreneurship, Leadership Development, Life Skills

First Aid 1, 2 and 3 (nationally recognized)

**5. QUALIFICATION**

At the end of the year successful students receive internationally recognized certificates and certificates for the internal courses completed at Mooikrans.

**6. MENTOR**

Elna Wahl is an expert in Equine Science and Equine Assisted Therapy and has over 40 years of experience in this field. She writes articles, does radio talks and often acts as a public speaker on this topic.

In 2019 Elna attended an Equine Assisted Therapy workshop in Tallebudgera, Australia. In particular, the course dealt with the physiological experience and processing of trauma using horse-interactive sessions.

She was invited to visit Strides to Success in America for a week's intensive training in 2020 and plans to do so in the first half of the year.

All of this ensures that the training offered at Mooikrans is of an international standard.

 **ARE THESE STUDIES CAREER DIRECTED?**

There are many regular horse-riding schools where therapy is also offered, and although great work is being done that has lasting benefits for people with special needs, there is a great need for truly trained and qualified people to offer this form of therapy.

In America, Canada and Australia, equine assisted psychological therapy is very well known and the outcomes are not only extremely successful, but in many cases quite dramatic.

Over the past 20 years we have experienced miracles at Mooikrans. From small children with balancing problems, school children with learning difficulties, teens with high anxiety levels, to adults with Post Traumatic Stress Syndrome, and many more.

Our goal is to train more people so that more people can experience the wonderful healing the horse can offer.

We are convinced that students with this training will make a very big impact in the horse-riding school industry, and especially in the Equine Assisted Therapy industry. We already see this happening with our students working in this field, albeit on a small scale.